



Woodlands BREATHING

Privacy Policy

We currently collect and process the following information:

- Contact details retained include email address, phone numbers and location.
- Contact details provided in email enquiries or participant forms will be retained for internal processing, and for as long as users engage with our services.
- Where consent is given (with option to unsubscribe at any time), periodic promotional newsletters are sent to update customers about news and services.
- Information may be shared with third-party providers that provide services for us or on our behalf including bookings and payments, newsletters, email delivery, video conferencing, website services and data analysis.
- When working in collaboration with other partners, we may share information to offer you certain products, services or promotions. Any partners will require to honour this Privacy Policy.
- Social media channels are used by Woodlands Breathing. Users should check authenticity of the account before engaging with Woodlands Breathing accounts. Appropriate conduct is advised when interacting with these channels.
- Contact information will not be shared with third parties unless required to do so by law.
- If you have any queries about your rights in relation to GDPR (EU General Data Protection Regulation 2018) or no longer wish to receive communications from us, you may opt out by noting your preferences when making a booking, or by emailing us: woodlandsbreathing@gmail.com at any time to unsubscribe.

Cookie Policy

By using this website, www.woodlandsbreathing.co.uk you consent to cookies being used in line with our cookie policy.

Cookies are used by this website to help improve your experience and to help customise the site appropriate to the device being used. You can remove or reject cookies for the site but such action may affect its functionality. If you do not consent, you must disable cookies or not use this website.

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